



Dr. Christa Weßel

Profile

- Physician, Master of Public Health
- Consultant, Coach, Teacher, Scientist
- Motto: "The whole is greater than the sum of the parts." [Aristotle 384-322 B.C.]
- Self-conception: Facilitator, Mentor, Guide
- Approach: Enable
- Particularity: Bridge Builder, for instance between the worlds of IT, economy and health

"If you want to build a ship, don't drum up the men to gather wood, divide the work and give orders. Instead, teach them to yearn for the vast and endless sea." [attributed to Antoine de Saint Exupéry 1900-1944]

Contact

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Consulting
Coaching
Seminars

Dr. Christa Weßel

Organization Development & IT
eHealth
Health Economics and Management
Didactics: Lifelong Learning

<http://christa-wessel.de/>



Consulting

Setting objectives, analyzing your situation, defining measures and projects, motivating your staff, planning, performing and completing implementations.

Methods

I facilitate these processes and conduct projects with you. Counseling interviews, analyses, moderations of strategy and implementation meetings and workshops, lectures and seminars plus the coaching of leaders, experts, teams and projects build the set of my consulting instruments.

Your Benefit

My profound consulting supports you in amplifying your economic, social and ecological success.

Examples

- Strategy Development
- Organizational Culture
- Process Improvements
- Leadership
- Team Building and Team Work
- Project Management
- Human Resources Development
- Conflict Management
- Health Management



Coaching

To start a coaching is for instance caused by new professional tasks or by changes in one's professional environment.

Methods

We perform the coaching as blended coaching. That includes face-to-face talks, communication via email and telephone plus a profound documentation, I write after each face-to-face meeting. Walk-to-talk completes the classical set of instruments I use in coaching: anamnesis, semi-structured interview, purpose and planning processes, reflection, feedback, "homework".

Your Benefit

I support you as neutral expert, with whom you can reflect upon your work. This enables you decide on your further course of action and to put it into practice.

Examples

- Coaching of Executives
- Teams
- Projects
- Freelancers



Seminars

Lifelong Learning is a core element of personal and professional development. Continued expansion of professional, methodological and social competencies support one's successful work in multi-disciplinary teams and enable people to cross boarders of specialties, cultures and age-sets.

Methods

Applied methods in my seminars are case-, problem- and project-based learning.

Your Benefit

By means of dialogue you recognize your implicit knowledge, expand it and explore new knowledge and apply it.

Examples

- Consulting
- Leadership in IT-Projects
- Software-Engineering Culture
- Interviews in Consulting
- Interviews in Software-Engineering & IT projects
- Team Building & Team Work
- Negotiation & Moderation

In-house trainings I will arrange with you tailored to the needs of your company or institution.